Rebound Walking Boot

Application, removal, and care guidance for your walking boot



APPLICATION

- Undo all of the Velcro and remove the front plate from the boot.
- Place your affected leg into the boot, making sure the heel is all the way at the back.
- Wrap the liner around the shin and the foot.
- Place the front plate back onto the boot, making sure the bulb is aligned with the opening. (Note: the bulb may be repositioned if necessary.)
- Velcro the straps starting at the bottom and working towards the top.
- Add air by pressing the front (+) bulb.

REMOVAL

- Air can be released by pressing the smaller (–) portion of the front bulb.
- Undo the hook-and-loop straps.
- Take the front plate off.
- Undo the liner and remove your foot from the boot.
- Re-fasten the hook-and-loop straps to help with the longevity of its use.

CARE

- Wipe the plastic shell with a damp cloth; you may use disinfectant or mild soap, and wipe dry.
- The liner should be removed from the boot and hand washed using a mild detergent and cool water, rinsed, and air dried.

> **Note:** *If you experience persistent pain, swelling, numbness, or discoloration while wearing this boot, remove it and contact your healthcare provider.*