Comfort Cool CMC Splint

Application, removal, and care guidance for your splint



APPLICATION

- Apply the device by first pulling it over the thumb.
- Fasten the hook-and-loop band around the wrist, snug but not tight.
- Fasten the strap up through the web space between your thumb and pointer finger and attach the hook-and-loop; it should have some tension but not be too tight.

REMOVAL

- Open the hook-and-loop closures and unwrap the splint.
- Pull gently away from the wrist and thumb.
- Re-attach the hook-and-loop closures to increase the life of your splint.

CARE

- You may hand wash in warm water with mild soap, rinse well, and air dry.
- Do not use high temperatures to wash or dry.

> **Note:** *If you experience persistent pain, swelling, numbness, or discoloration while wearing this splint, remove it and contact your healthcare provider.*